

# **My Children Are Nearsighted Too: How Corneal Reshaping Helped My Kids See Better Without Glasses... And How It May Help Yours, Too By Dr., Nicholas Despotidis**

**By Dr., Nicholas Despotidis**

**If I'm nearsighted and have glasses, do I have to -**

Aug 25, 2010 I was told to wear my glasses to see distant things but are definitely too strong for behind nearsighted child wearing glasses for

[https://answers.yahoo.com/question/index;\\_ylt=A0LEV1KaAb9VSXkA.Q5XNy0A;\\_ylu=X3oDMTBzbWVwbjNlBGNvbG8DYmYxBHBvcwM0MAR2dGlkAwRzZWMDc3I-?qid=20100825175423AAol2nA&p=my%20children%20are%20nearsighted%20too](https://answers.yahoo.com/question/index;_ylt=A0LEV1KaAb9VSXkA.Q5XNy0A;_ylu=X3oDMTBzbWVwbjNlBGNvbG8DYmYxBHBvcwM0MAR2dGlkAwRzZWMDc3I-?qid=20100825175423AAol2nA&p=my%20children%20are%20nearsighted%20too)

**Ortho-K Podcast AAOMC -**

that he has faced in growing his Ortho K practice. Dr. My Children Are Nearsighted Too: How Corneal Reshaping Helped My Kids See Better Without Glasses

<http://www.orthokacademy.com/episodes/>

**Nicholas Despotidis, OD, FAAO, FCOVD | EyeCare.org -**

He s the lead author of the book, My Children Are Nearsighted Too. Dr. Despotidis is a Fellow in the American Academy of Optometry (FAAO),

<http://eyecare.org/site/author/drdespotidis/>

**My Children Are Nearsighted Too: How Corneal -**

My Children Are Nearsighted Too: How Corneal Reshaping Helped My Kids See Better Without Glasses and How It May Help Yours, Too by Nicholas Despotidis.

<http://www.barnesandnoble.com/w/my-children-are-nearsighted-too-nicholas-despotidis/1018261062?ean=9781440488146>

**Nearsightedness - PubMed Health - National -**

Sep 02, 2012 Nearsightedness is a type of Call for an appointment with your eye doctor if you or your child is nearsighted and experiences signs of a

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0002018/>

### **Myopia Archives - Bright Eyes News -**

Bright Eyes News All the Info from Will My Child Be Nearsighted? often want to know if their child is going to be nearsighted too.

<http://www.brighteyesnews.com/tag/myopia/>

### **Nearsightedness or Myopia in Children - WebMD -**

How Do I Know If My Child Is Nearsighted? the use of atropine combined with bifocals slows the progression of myopia. Children with nearsightedness can wear

<http://www.webmd.com/eye-health/myopia-nearsightedness-children>

### **Short-sightedness - WebMD Boots -**

Short-sightedness can be corrected with the eyeball is too long or the cornea has too much Myopia or short-sightedness in children; Keratoplasty eye

<http://www.webmd.boots.com/eye-health/guide/short-sightedness-myopia>

### **You'll Go Blind: Does Watching Television Close-Up -**

and may come from watching too Luckily for many of us and our kids, sitting too Sitting close to the television may not make a child nearsighted,

<http://www.scientificamerican.com/article/earth-talk-tv-eyesight/>

### **Study: Up to 90% of Asian Schoolchildren Are -**

May 06, 2012 Scientists say an epidemic of myopia, or nearsightedness, is sweeping through Asian children, and is likely due to students spending too much time

<http://healthland.time.com/2012/05/07/why-up-to-90-of-asian-schoolchildren-are-nearsighted/>

### **mychildrenarenearsightedtoo.com - My Children Are -**

Used Some Html Tags. HTML tags used in the main page of www.mychildrenarenearsightedtoo.com like the graph

<http://www.followsites.com/www.mychildrenarenearsightedtoo.com>

### **Books: My Children Are Nearsighted Too: How -**

My Children Are Nearsighted Too: How Corneal Reshaping Helped My Kids See Better Without Glasses And How It May Help Yours, Too (Paperback)

<http://www.tower.com/my-children-are-nearsighted-too-how-corneal-reshaping-dr-paperback/wapi/117993594>

### **The Puzzling Rise in Nearsighted Children - WSJ -**

Get the Wall Street Journal \$12 for 12 weeks. Subscribe Now.  
Sign In. Reveal Navigation Options. Home. World. The Puzzling  
Rise in Nearsighted Children

<http://www.wsj.com/articles/the-mysterious-spike-in-nearsighted-children-1429543997>

### **Eyecare ProfessionalPC : Service Details -**

Introduction My Children Are Nearsighted Too . Are Video Games  
Hurting My Child's Eyes? Excerpt from Part I . What is  
Nearsightedness (Myopia)? Excerpt from Part II .

<http://www.eyecareprofessionals.com/ServiceDetails.aspx?service=46>

### **Myopia - EyeWiki -**

Myopia (nearsightedness) is an ocular disorder in which the  
optical power of the eye is too strong for The prevalence of  
myopia in children of Chinese

<http://eyewiki.aao.org/Myopia>

### **New WHAT DO YOU DO WHEN YOUR CHILD IS NEARSIGHTED? -**

WHAT DO YOU DO WHEN YOUR CHILD IS NEARSIGHTED? NJ eye Doctor Dr.  
Nicholas Despotidis Helps Kids See Better Without  
Nearsightedness occurs when the eye is too long.

<http://bignews.biz/?id=842960>

### **Are You Nearsighted or Farsighted? - -**

Nearsightedness and farsightedness are is often discovered in  
children by the time they meaning the eye is longer than normal  
or the cornea curves too

<http://www.everydayhealth.com/vision-center/the-eye-exam/nearsighted-farsighted.aspx>

### **My Children are Nearsighted, Too - Amazon.com: -**

My Children Are Nearsighted Too: How Corneal Reshaping Helped My  
Kids See Better Without Glasses And How It May Help Yours, Too  
[Dr., Nicholas Despotidis] on

<http://www.amazon.com/Children-Are-Nearsighted-Too-Reshaping/dp/1440488142>

**Amazon.com: Customer Reviews: My Children Are -**

My Children Are Nearsighted Too: How Corneal Reshaping Helped My Kids See Better Nearsightedness is increasing "My Children are Nearsighted Too" is a

<http://www.amazon.com/Children-Are-Nearsighted-Too-Reshaping/product-reviews/1440488142>

**Myopia ( Nearsightedness) causes - myeyes.com -**

Some could be too nearsighted to be good candidates for LASIK and other laser vision correction surgery. An early myopia diagnosis in children is important,

<http://www.myeeyes.com/myopia/myopia-causes.shtml>

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